

Iran Mountians Climbing Tour

Mount. Damavand (5671 M.)







6 Nights – 7 Days.

Introduction: Damavand is the main symbol of Iran after Iran flag; It is the source of all poems, movies, literature, painting, photos and about Iran. Damavand is the highest full pyramid shape summit of the world. Depending which routes, Damavand can be extremely difficult (from North Path) to extremely easy (from south Path). Here, we have suggested you the most beautiful and most used path that nearly 90% of Mountain climbers climb Damavand from this Path “ South Path”. We highly recommend our clients to try this Path first and if they found it easy, then they can try west Path and finally the most difficult one which is North Path.

The best time for Iran Mountains Climbing Tour is from end of April till end of September.

Route: Tehran- Tochal- Gosfandsara- 3rd Shelter- Rineh- Tehran

Day		Visits	Comments
1 st Day Tehran		Arrival in IKA, Meet & Greet by Avid Agent, Transfer to Hotel. O/N Hotel	O/N= Overnight
2 nd Day Tochal Hotel		Climbing to Tochal Summit (3981m) in North of Tehran for acclimatization. O/N in Tochal Hotel.	

<p>3rd Day 2nd Shelter</p>		<p>Descending to Tehran, Driving to Rineh Village, and then 2nd Shelter: GosfandSara (3000 m). O/N in Gosfand sara</p>	
<p>4th Day 3rd Shelter</p>		<p>Climbing to the 3rd Shelter (4200 m), take a rest, climbing to about 300 up to the peak for acclimatization, O/N in 3rd Shelter</p>	
<p>5th Day Rural House in Rineh</p>		<p>Climbing the Damavand peak (5671 m), in the early of Morning. Descending to Gosfand sara, Driving to Rineh for Spa and rest. O/N Rineh</p>	
<p>6th Day Tehran</p>		<p>Driving to Tehran, transfer to Hotel. All day at leisure. Farewell Dinner. O/N Tehran.</p>	<p>Optional tour: city tour in Tehran to visit sites according your own wish. In this case, you will pay the entrance fees of the visited sites.</p>
<p>7th Day</p>		<p>Transfer to airport for departure.</p>	

Included: All land transportation, licensed Mountaineer throughout the climbing, English speaking Tour guide throughout the ground tour, all Accommodation in Tehran, Tochal, Rineh and shelters, Spa in Rineh, permission fees for Damavand Climbing, Porterage in Damavand (Donkey from Gosfandsara to 3rd shelter), all meals (breakfasts, lunches and dinners), certificate of climbing that issues by Iran Mountain Climbing Federation, Iran visa support.

Excluded: Int'l air ticket, Late check out (after 14 pm on day 7), Unpredictable events which cause extra expenses during tour, All expenses of private affairs such as telephone calls, faxes, laundry, room service, etc., Expenses due to deviations from the scheduled program, Iran visa embassy fee obtained from the client/s at the time of collecting visa in the embassy, Tips & Porterage in Hotel and airport, personal equipments (like: gloves, torch, sleeping back, wind or rain jacket, and so on), Travel Insurance, entrance fees of cultural and historical sites if tourists decide to visit in 6 and/or 7 days .

Comments: 1. Single room available upon request. 2. The organizer is totally flexible to the needs of the tourists and could change the itinerary according to them. 3. You will receive a cook book of Iranian foods in English Language and a CD contains Examples of different kinds of Iranian local & Traditional Music of Iran as a gift .